# Community Strength-based Approaches for Care, Support & Well-being

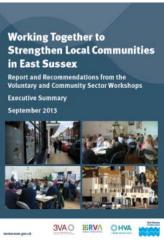
# Building Stronger Bridges

February 2015



### **Background & Context**

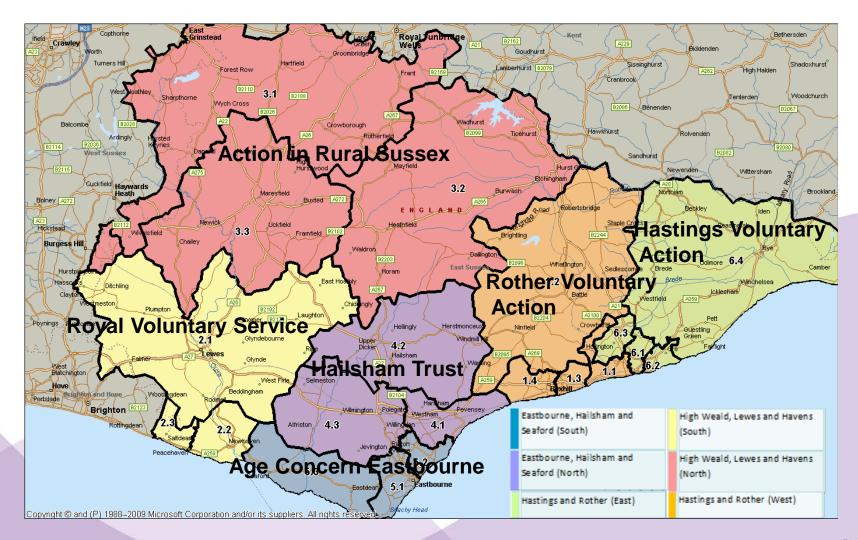
The Building Stronger Bridges (BSB) project emerged from a series of community workshops organised across the County in June 2013



- BSB aims to foster the right conditions for bonds and friendships to occur between people in order to strengthen community networks
- In March 2014, 5 partner organisations commissioned to work across 6 areas to establish local Good Neighbour Schemes (GNS) where gaps were identified, or help us build stronger relationships where groups already existed
- Care Act 2014...



#### Partners...





### What is a Good Neighbour Scheme

- A GNS involves members of the community on a voluntary basis
- Schemes or groups can offer some or all of the following to frail elderly and isolated disabled people:



- Information, advice and signposting about who can help and where to go
- Someone to look out for them and check on them occasionally e.g. during episodes of bad weather or just generally to see if everything is all right
- Social contact and something to do during the day
- One-off practical help with odd jobs around the house and garden
- More regular support with things like shopping and meals, including ordering online shopping



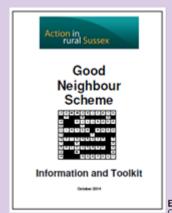
#### **Progress Report:**

- To date, 71 potential GNSs have been identified across the County
  38 are brand new and 33 are existing groups that may diversify
- Partners have been working to establish stronger links with existing community based support groups that previously ASC&H may not have had a relationship with, and promote growth of new GNSs where there are gaps

All partners have developed toolkits for sharing with community

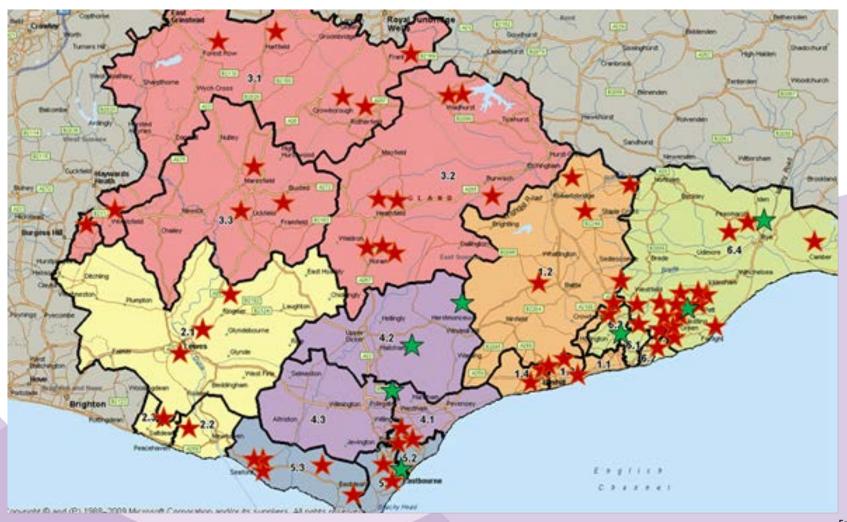
members and groups, and ASC&H is providing training (e.g. Safeguarding Vulnerable Adults) where this is requested by the volunteers



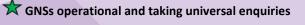




#### **Potential GNS schemes**







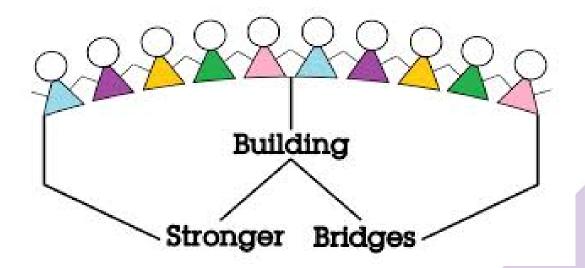


### **Hailsham Trust**

https://prezi.com/dmcqdzinrusy/buildingstronger-bridges/



## **Rother Voluntary Action**





#### **Next Steps**

- Continue to understand what support we can offer to community groups to enable them to feel comfortable in taking ASC&H enquires
- Continue to build bridges between ASC&H operational teams and community resources and GNSs
- Understand the core training offer for community groups in discussion with our BSB partners
- Project evaluation to understand the value of this type of work to ASC&H
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